

5 reasons you should test for **HIV**

- 1** Anyone who is sexually active should take a test
- 2** Certain conditions can be a warning sign of HIV and your GP or healthcare professional may recommend testing.
These conditions include:
 - unexplained weight loss
 - pneumonia
 - chronic diarrhoea
 - shingles
 - oral thrush
 - abnormal blood tests
 - cervical or anal dysplasia (abnormal cells)
 - certain skin conditions and cancers
- 3** HIV is easily treated
- 4** Once on effective HIV treatment you cannot pass HIV on to sexual partners
- 5** It's **better to know**. Regardless of the result, support and treatment are available for free on the NHS.

How can I get tested for **HIV**?

HIV testing is free and confidential.

Ask your GP or visit **bSHAW** to get tested in our clinics. Book on 03003032880 or visit sexualhealthbucks.nhs.uk

Or scan the QR code to order a home test kit.

Scan to test!

